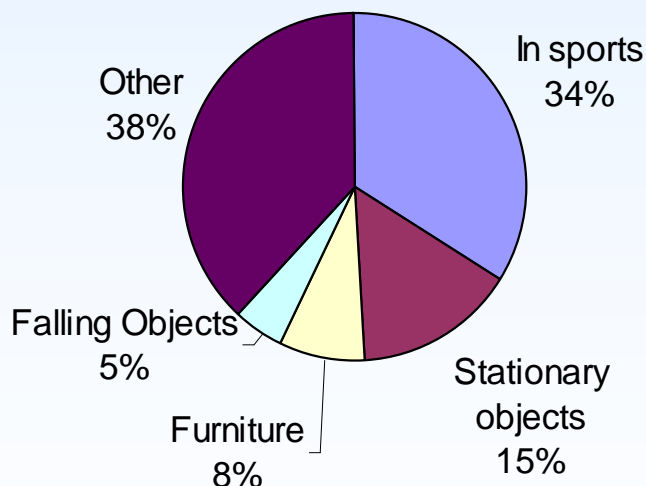


## CHILDHOOD SPORTS-RELATED INJURIES

- From 2003-2007, being unintentionally struck by or against an object was the second leading cause of injury-related hospital visits for Nebraskans ages 0-19 years, and the leading cause of injury-related hospital visits among Nebraska children ages 10-19 years.
- Unintentional struck by or against injuries accounted for 24% of unintentional injury-related hospital visits among Nebraskans age 19 years and under.
- **Most unintentional struck by or against injuries among children were sports-related injuries.**
- Sports were responsible for approximately 50% of struck by or against-related injuries in the 15-19 years age group, and 43% of the 10-14 years age group.

Measures to prevent sports-related injuries include monitoring the environment children play in (e.g., heat, protective ground surface, properly maintained equipment); using proper safety equipment (e.g., helmets, padding); and adult supervision.

**Figure 1: Percentage of Hospital Visits for Struck By or Against-Related Injuries by Specific Cause, Nebraska Residents Ages 0-19 years, 2003-2007 (n=52,458)**



Source: NE Hospital Discharge Data, 2003-2007



For more information, contact the DHHS Injury Prevention and Control Program at (402) 471-2101 or visit [www.dhhs.ne.gov/hew/hpe/Injury](http://www.dhhs.ne.gov/hew/hpe/Injury)